



**VANGUARD
UNIVERSITY**



VANGUARD UNIVERSITY

Graduate Education Program Offers 3 Courses for Educators LANCASTER – FALL 2026

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| 1. "WORKING WITH CHALLENGING STUDENTS: BULLIES & VICTIMS" | STARTS THURS., OCT. 1 |
| 2. "INTERACTIVE INSTRUCTIONAL MATERIALS" | STARTS THURS., NOV. 5 |
| 3. "RELIEVING STRESS IN THE CLASSROOM: STRATEGIES TO ALLEVIATE STRESS" | STARTS THURS., DEC. 3 |

WHERE: **DISTANCE LEARNING***

WHO: These courses are designed for educators.
With district approval, course credit may be
used for pay increase and professional growth

CREDIT: These courses are being offered by
the Graduate Education Department of
Vanguard University, Costa Mesa, CA.
Vanguard University is accredited by
the Western Association of
Schools and Colleges.

TUITION: \$348 for 3 semester units of graduate extension credit. Manual enrollment fees may apply.

COURSE COORDINATOR: JEAN SIMPSON, former Professor of Art Education, CSUN, former classroom teacher and master teacher, LAUSD. Jean has authored seven books, was a television arts and crafts teacher and was selected as "One of the Four Most Creative Women in America" by the Ladies' Home Journal magazine. Don't miss this dynamic instructor!

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| 1. "WORKING WITH CHALLENGING STUDENTS: BULLIES & VICTIMS" | STARTS THURS., OCT. 1 |
| WHEN: OCTOBER 1 TO NOVEMBER 5 | WHAT: EDUX 5450 A, B, C, OR D |
| ZOOM Meeting: THURSDAY, OCTOBER 1 - 4:00 PM | Flexible Scheduling |

COURSE DESCRIPTION: Bullying is a serious problem in today's schools and can seriously obstruct the ability of students to progress both academically and socially. This course will offer participants the opportunity to collaborate with fellow teachers and administrators in order to better understand the negative impact of bullying behavior, develop ways to work with bullies and victims, improve the self-image of victims and bullies and create ways to ensure that all students can learn in a safe and fear-free environment.

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| 2. "INTERACTIVE INSTRUCTIONAL MATERIALS" | STARTS THURS., NOV. 5 |
| WHEN: NOVEMBER 5 TO DECEMBER 3 | WHAT: EDUX 5680 A, B, C, OR D |
| ZOOM Meeting: THURSDAY, NOVEMBER 5 - 4:00 PM | Flexible Scheduling |
- COURSE DESCRIPTION:** Make your program soar in this course designed to build from the foundation of the curriculum and rise to new heights. All areas of the curriculum will be covered as you develop materials for students at every learning level. Focus on areas of interest, and augment your lesson plans. Discover fresh ways to improve student understanding, perspective and retention across the curriculum.

ENROLL ON-LINE AT WWW.COLLEGECREDITCONNECTION.COM, click on Face-To-Face tab.

FOR COURSES IN BAKERSFIELD, SANTA CLARITA, LANCASTER, GLENDALE/LA CRESCENTA, VENTURA, SIMI VALLEY,
ORANGE COUNTY/DOWNEY/LONG BEACH & EAST BAY

For information email VanguardJeanSimpson@gmail.com

*** FALL 2026 courses will be taught using our new Online/Hybrid format. Each course will consist of 45 hours of online learning, contact with the instructor and outside practicum. Students may begin working on a course after requesting the syllabus from the instructor, registering online, and attending the Zoom orientation meeting.**

PLEASE SEE AN ADDITIONAL COURSE ON OTHER SIDE



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3. "RELIEVING STRESS IN THE CLASSROOM: STRATEGIES TO ALLEVIATE STRESS"

WHEN: DECEMBER 3 TO JANUARY 14, 2027

ZOOM Meeting: THURSDAY, DECEMBER 3 - 4:00 PM

STARTS THURS., DEC. 3

WHAT: EDUX 5710 A, B, C, OR D
Flexible Scheduling

COURSE DESCRIPTION: Classroom and work-related stress can undermine teachers' ability to do their jobs effectively and give their students the care and attention they need to succeed. Participants will explore all aspects of the teaching/learning process that may contribute to stress in educators and their students and will develop organizational skills and strategies to alleviate the effects of pressure and anxiety. Techniques designed to help educators and students lower stress levels will be presented. Relaxation techniques, room environment changes and interpersonal model changes will be covered. Participants will explore issues they confront in classrooms and campuses that need to be addressed and develop plans to make them more manageable. **THIS COUNTS AS A SPRING 2027 COURSE.**

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